

Saving Babies &  
Families  
Since 1985



503 Main Street,  
Metuchen, NJ 08840  
(Tel) 732- 516-0911 (Fax) 732-516-0811  
E-mail: [lifechoices@optonline.net](mailto:lifechoices@optonline.net)  
[www.lifechoicesrc.com](http://www.lifechoicesrc.com)



## Dear Directors of Religious Education, Principals, Youth Ministers, and Educators!

Life Choices Resource Center is hosting our annual **“Walk for Life”** on Saturday, **October 28, 2023** and we are in need of volunteers and walkers. The Walk raises money and awareness of the services we provide to women and men facing unplanned pregnancies, and/or needing assistance in providing essentials for their young children.  
(Visit [www.LifeChoicesRC.com](http://www.LifeChoicesRC.com) for more information on the FREE services offered)

Women and men facing unplanned pregnancies need help - and **Life Choices Resource Center** is there for them.

**Students can support LIFE by walking and/or helping with the event’s games, crafts, and educational material, all while earning 3 or more service hours!**

### JOIN US! **“Walk for Life” Service Hour Opportunities**

- **WHERE: Merrill Park in Iselin, NJ**
- **WHEN: Saturday, October 28, 2023**
- **TIME: 9AM-12PM - rain or shine! (Service Hours can start at 8AM)**
- The **Walk for Life** is a family event
- Walk as little or as far as you like or just come to support
- DJ, games, and refreshments

**Walkers** can complete the Registration portion of the Pledge Form and bring it to the event, along with any sponsor donations, OR they may complete the online registration at <https://lifechoicesrc.com/events/walk-for-life>, where they can form a team and send out a link to ask others to sponsor them.

**Volunteers** who wish to help with activities and games may call [732-516-0911](tel:732-516-0911), or email Christine at [lifechoices@optonline.net](mailto:lifechoices@optonline.net).

**\*\*\*Students looking for Service Hours need to contact Life Choices Resource Center at least 2 weeks before the Walk\*\*\***

Please call us with any questions about the “Walk for Life” or our services.



Thank you and God bless you!

**Sue Williamson, Lorraine Taurone,  
Mara Isabel Gilbert, and  
Christine Riggio - (732) 516-0911**  
Student Ambassador/Walk Committee

Walking with  
*Moms* in Need  
**WALK FOR LIFE**



**WE  
NEED  
YOU**



**OCTOBER 28**  
9:00 A.M. TO 12:00 P.M.  
MERRILL PARK @ THE GAZEBO  
KICK-OFF @ 9 A.M. SHARP

*life choices*  
RESOURCE CENTER

# OCTOBER 28, 2023

Kick-Off @ 9 a.m. SHARP

9:00 a.m. - 12:00 p.m. • Merrill Park @ the Gazebo

**TAKE A WALK, SAVE A LIFE!**

**WE BELIEVE THAT EVERY SINGLE PERSON  
IS A GIFT FROM GOD!**

- Calling all YOUTH GROUPS, CCD Students & Families!
- DJ, breakfast food & refreshments
- REGISTER or DONATE online @ [www.LifeChoicesRC.com](http://www.LifeChoicesRC.com) (Click EVENTS tab)
- No distance or time restrictions
- Come rain or shine!
- Receive up to 4 Confirmation or Community Service Hours
- JOIN a TEAM or create your own
- Call or text (732) 516-0911 with any questions



**Step 1:** Register online or by phone today. Go to [LifeChoicesRC.com](http://LifeChoicesRC.com) (click EVENTS tab)

**Step 2:** Ask EVERYONE you know to sponsor you. You will be amazed how many will say YES!

Our free and confidential services include:

- Pregnancy Testing & Ultrasound
- 24-hour Helpline (Call/Text)
- Confidential & Compassionate Peer Counselling
- Comprehensive Community Resources
- Adoption, Medical & Housing Referrals
- Abortion & STD Education, Information
- Material Aid
- Post Abortion Recovery Support
- Breastfeeding Instruction & Consultation

**Life Choices RC**

503 Main Street  
Metuchen, NJ 08840

ALL CONTRIBUTIONS ARE TAX DEDUCTIBLE.  
Life Choices is a 501(c) 3 Registered Non-Profit.

**QUESTIONS?**  
CALL OR TEXT 732.516.0911  
[LIFECHOICESRC.COM](http://LIFECHOICESRC.COM)

*life choices*  
RESOURCE CENTER

# Sponsor Pledge Form

Bring this completed form to the walk. Please call us for additional forms. You may also photocopy this form or download it from our website at [LifeChoicesRC@optonline.net](mailto:LifeChoicesRC@optonline.net).



**WE  
NEED  
YOU**

Walking with Mams in Need  
WALK FOR LIFE  
**October 28, 2023**  
Merrill Park @ the Gazebo  
life choices RESOURCE CENTER  
LifeChoicesRC.com

**9:00 a.m. to 12:00 p.m. • Kick-Off @ 9 a.m. SHARP**

Walkers Name \_\_\_\_\_

Walker's Church/School/Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I am unable to walk, but will make a donation of \$ \_\_\_\_\_

I am:  Adult  Teen  Child - Have you walked in a WALK for LIFE before? Yes No

Waiver: In consideration of your accepting this entry, I, the undersigned, intend to be legally bound, hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I and/or any of my family members may have against the Walk for Life and all other persons associated with this event, its agents, representatives, successors, and assigns for any and all injuries suffered by me in the said event. Further, I hereby grant full permission to any and all the foregoing to use any photographs, videotape, motion pictures, recording and any other record of this event for any legitimate purpose.

Signature of Walker \_\_\_\_\_ If under 18, parent or guardian signature is required

I (parent) \_\_\_\_\_ give my child, \_\_\_\_\_ permission to participate in the LCRC Walk for Life.

Sponsor Name	Church/School	Address	City, State, Zip	Amt. Pledged	Paid Cash	Check #	Paid Check

**Please Print All Information Clearly—Thank you for helping Families and Their Babies!** Total Paid \$ \_\_\_\_\_

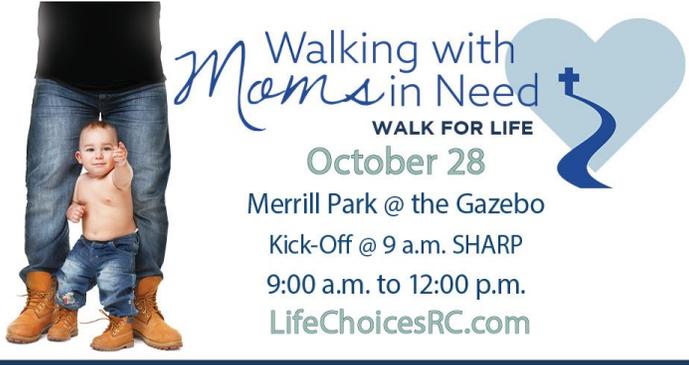
Please make checks payable to **Life Choices Resource Center, Inc.** Life Choices is a registered 501 ( c ) 3 non-profit.

All donations are tax deductible. Tax ID # 222-672-203/000





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**October 28**  
Merrill Park @ the Gazebo  
Kick-Off @ 9 a.m. SHARP  
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[LifeChoicesRC.com](http://LifeChoicesRC.com)

## Service Hours for Life Choices Walk for LIFE

Date: \_\_\_\_\_

This letter is to certify that the following student has completed \_\_\_\_\_ service hours.

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Name of School/Religious ED: \_\_\_\_\_

The student was active in: (circle what applies)

- Helping set – up
- Walking
- Helping with the Games
- Helping with directing people to the right place to go
- Helping clean up

Supervisor: Christine Riggio/Sue Williamson/Lorraine Taurone

Signature: \_\_\_\_\_

Any questions please contact our office and we will be happy to assist you. (732) 516-0911  
**May God Bless You!**

Life Choices Resource Center is a registered 501(c)(3) non profit and all donations are tax deductible.

# What is



**Saving Babies &  
Families  
"Since 1985"**

## MISSION STATEMENT

**The Mission of Life Choices Resource Center is to promote and defend the sanctity of all human life, born and unborn, through the provision of abortion-alternative services and resources that empower mothers and families to **CHOOSE LIFE**. We provide loving help, hope, and healing, recognizing that each human being is made in the **Image and Likeness of God**, and we value each **LIFE** as **HIS Gift**.**

## WHO WE ARE

Life Choices Resource Center is a pro-life pregnancy resource center that serves women facing unplanned pregnancies. Since 1985 we have helped thousands of women **CHOOSE LIFE** for their children by providing the resources, services, and support they need.

## OUR VALUES

- We are a faith-based ministry founded on the Christian principles that human life is sacred from the moment of conception until natural death.
- We do not refer our clients for abortions or artificial birth control methods.
- We promote chastity, family life, and Natural Family Planning.

## WE DO THIS BY PROVIDING FREE AND CONFIDENTIAL SERVICES

- FREE Pregnancy Tests
- FREE ULTRASOUND
- 24 Hour Hotline
- Peer Counseling – Women & Men
- Breastfeeding Instruction & Consultation
- Adoption Information and Referrals
- Abortion Pill Reversal – Info & Support
- Material Aid (Diapers, wipes, etc.)
- Post-Abortion Counseling
- Housing Referrals

## WE ARE ALSO A RESOURCE FOR SCHOOLS AND YOUTH

### ◆ INFORMATION

Life Choices Resource Center offers dozens of brochures, pamphlets, books, videos and DVDs that provide accurate information on pregnancy, fetal development, abortion and its risks, abortion alternatives including adoption, birth control, natural family planning, and sexually transmitted diseases (STDs).

### ◆ PRESENTATIONS

We can provide you with these resources, as well as connect you with a trained speaker to provide abstinence and abortion education presentations geared towards youth.

### ◆ COUNSELING

Our free and confidential counseling and support services are available to young women and men of ALL ages. We address questions about sex, sexual health, abstinence, STDs, abortion, and birth control. We help those who are facing an unplanned pregnancy, whether it is for them, a friend, family member, or girlfriend.

In cases of unplanned pregnancy, our counselors are available to help a young woman tell her parents the difficult news and provide her and her family with the support and resources they need to make a healthy life choice.