

December 2013

## Our Services:

- 24 Hour Hot Line
- Free and Confidential Pregnancy Tests
- Ultrasound
- Peer Counseling
- Material Aid
- Post Abortion Counseling
- Adoption, Medical & Housing Referrals



**I  
Love  
You  
Baby  
Jesus**



## ***Our Mission: Promoting the Value of Life***



***Welcome Lucy!***

### ***Seeing Christ in every child***



### ***Baby's First Christmas***



***Welcome Jesus!***

The family of Life Choices Resource Center would like to wish all of you a ***Merry Christmas, Happy Hanukkah and Joyous New Year!*** It's hard to believe that already a year has gone by, but we have something wonderful to prove it ... *new life, new babies*. With hearts full of gratitude we look back on this year and the many gifts we've been blessed to receive—gifts of Life—in the form of God's most precious children. We are witnesses of a living legacy, and though only the Lord knows how these lives will unfold, we can rejoice in knowing that through His grace we helped bring them into the world.

At Christmas time this same world is united by the birth of a child—our Savior, Jesus Christ. What wouldn't we give for every baby to be so welcomed? Yet early on even His life was in danger when King Herod commanded the slaughter of the innocents. Thankfully, Joseph was warned in a dream to flee to Egypt and so Jesus and family found a safe refuge.

I see Life Choices serving as a refuge—a place of safety for the innocents and their parents—a place where they are shielded from the snares of the devil and where the present day Herods can't feed on their vulnerability.

To us, every child is as precious as the Christ child and deserves to be protected by the might of His angels. So in that spirit we serve. In that spirit we love. ***Thank you, friends, for making it possible—your generosity and prayers are with us every step of the way.***

***Merry Christmas!***

— Rosanda Grau



*In Loving Memory of  
Grace Forman*

*Faithful Friend and  
Defender of Life*



*Tributes - Gifts of Hope*

What better way to remember a loved one, honor someone special or acknowledge a special event?

I am enclosing a gift of hope in the amount of \$ \_\_\_\_\_

This gift is \_\_\_\_\_  
(In memory of, In honor of, Birthday gift, to Celebrate...)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

My Name: \_\_\_\_\_

My Address: \_\_\_\_\_

Phone: \_\_\_\_\_

To send your own tribute, clip form and mail it with your donation to:

Life Choices Resource Center  
503 Main Street  
Metuchen, New Jersey 08840

**“Eye has not seen  
Ear has not heard  
What God has ready  
For those who love Him”**

*—Corinthians 1:2-9*

***In Loving Memory of  
Francis Martin***

*By: Life Choices Resource Center*

***In Loving Memory of  
Daniel James Varghese***

*By: Asha James*

***In Honor of Our Grandchildren***

*By: Betty Paulikas*

***A Gift of Hope***

*By: Theresa & Clyde Borg*

***In Loving Memory of  
Emily Nash***

*By: Pat Bustin*

***In Honor of Faith***

*By: Mark Mizin*

***In Honor of Bill & Kathy Dowling's  
Golden Wedding Anniversary***

*By: Michael & Bernadette Gilligan*

***In Loving Memory of Grace Forman***

*By: Ladies of the Friday  
Morning Fellowship Group*

***In Honor of Frank & Maryann DeAngeles  
40th Wedding Anniversary***

*By: Bill & Kathy Dowling*

***In Loving Memory of Emily Nash***

*By: Rose Mary Lyons*

***In Memory of Rev. Msgr. Leon Kasprzyk***

*By: Rev. Sean Winters*

***A Gift of Hope***

*By: Bob & Dee Sneddon*



Stephanie at this year's Metuchen Fair

# Volunteer Voices ...

*"The Lord Has Made Everything Beautiful in its Time"*

By: Stephanie Perry-Torrey



Stephanie & friends from Second Baptist Church, Metuchen



Sharing the good news of Life with daughter Rachel



Nothing but smiles at the Walk for Life

So often we dismiss things that we think are unimportant, or just fleeting ideas, or day-dreams, but in reality it may be something that the Lord is speaking to us about that He wants us to do or something He wants to do in our lives. Many times over the past few years on my way to my church home at Second Baptist, I've passed by Life Choice Resources Center. I found out what they were about, and remembered thinking "Wow! I need to check into that, maybe I can volunteer." Well as many of us do, we think about things for the moment and it goes no further. That's what I did for a long time.

This year, however, I found the Lord knocking more on the door of my heart so to speak, with regard to just going deeper in my walk with Him and stepping out in faith. Well, one day the Lord spoke to me loud and clear through His word in *Luke 11:28* (NLT) where Jesus says to a woman "...even more blessed are all who hear the Word of God and put it into practice." That verse hit me like a brick wall, for two reasons: 1. when I first came to Christ, I never wanted to be just a hearer of God's Word and not a doer (James 1:22) 2. It was time to stop making excuses about why I can't do something, **and just do it.**

That same day I walked into the Center and met Rosanda, and it was instantly clear to me that it was the Lord's doing. Our spirits connected immediately, and I knew then that was the best decision I could have made. Since that day in August, volunteering at Life Choices has been both refreshing and humbling, but most of all it is a blessing to be able to serve in some capacity to help families in our community make a loving choice when it comes to family planning.

The one takeaway from all of this that I received and have made my personal, spiritual theme comes from *Ecclesiastes 3:11* – **"He has made everything beautiful in its time. Also, He has put eternity into man's heart, yet so he cannot find out what God has done from the beginning to the end.** Although many times we don't know how God works, one thing is certain; *He has and will make everything beautiful in His time*, we just need to trust Him and put His Word into practice!

***Volunteers don't necessarily have the time ...  
but they have the heart***

# Walk for Life 2013



Susan Williamson and students from Bishop Ahr H.S. Respect Life Group



Life Choices Board Chair, Debbie Vokral with Sam Singer of Bio Reference Laboratories



Kim & Jim Molinelli of Redeemer Lutheran Church, Westfield

## Thank you friends for your most generous support!

After a week of rain and clouds the Lord blessed us with the most beautiful day! Sunny and bright, warm and wonderful was the climate for our annual *Walk for Life*, which was held on October 12, 2013 in Merrill Park, Iselin. With the help of many generous sponsors and individual walkers, we raised over \$17,000.00! Our DJ Steve Penk was there supplying the “groove”, while volunteers served delicious treats, painted faces, and played Frisbee and other games with the kids. *Thank you friends for making our Walk a huge success! These funds will enable us to continue saving babies' lives from abortion while serving their mothers in humility and love. God loves them both ... and so do we!*

## Want to Help Us? Here's How!

**Sponsor a Baby Bottle Blessings Fundraiser at your Church or School**



## Baby Bottle Blessings



*Help save a baby's life!  
Help a mother care for her baby.*

**The Rewards of Sponsorship are Immense! It's Easy!**

1. Get permission from your pastor or principal
2. Call our office and we will make personalized labels and tags for your church or school in the quantities you need
3. Set a date for bottle distribution: *Mother's Day is perfect!*
4. Set a return/collection date
5. Bottles can be filled with cash, coins or checks
6. The funds help us *Serve mothers and Save babies*

We can also provide you with a speaker to explain our life saving ministry. Call Rosanda with any questions.

# Jesus Heals ... the devil haunts

**accepting forgiveness after abortion** — *Rosanda Grau*

Nothing hurts women quite like abortion. Nothing affects men quite like lost fatherhood. Oftentimes the pain can echo throughout a lifetime and blind the soul to the healing light of God. Even Jesus, with his arms outstretched on the cross and his loving gaze turned our way, can seem invisible to those who are struggling with their guilt; who wear their pain like an iron cloak that weighs them down and steals their joy.

Prayers are needed for these poor souls; for their sake and for the sake of our God who loves nothing more than to heal and restore; all we need do is ask. We give glory to God when we accept His forgiveness, but we wound Him deeply when we do not trust in His promises. It is the devil that loves distress. It is the hideous beast who revels in our misery—who plants doubt in our hearts and breeds agony in our souls. It is Satan who rants “you’re not worthy of heaven; your sins are too great; you’ll never be forgiven.” It is Jesus who whispers, “*I love you as you are. I forgive you and I’ll give you the grace to forgive yourself. You are my joy and my precious child; allow me to heal you as I hold you in my heart. You are mine for all eternity.*”

Because of His sacrifice on the cross, we are no longer slaves of darkness—no longer chained to our sins regardless of their gravity. Rather *Freedom* and *Love* are all around us; in the Person of Christ, in the Person of our Heavenly Father, in the Person of the Holy Spirit. As children of God we await our royal inheritance and despite our weaknesses and continual falls, the outstretched arms of our merciful Savior are forever within reach—sadly invisible to some, but resplendent for all who Trust in His Mercy.



## ***A Letter to Women Who Have Had an Abortion***

—*Pope John Paul II*

I would now like to say a special word to women who have had an abortion. The Church is aware of the many factors which may have influenced your decision, and she does not doubt that in many cases it was a painful and even shattering decision. The wound in your heart may not yet have healed. Certainly what happened was and remains terribly wrong. But do not give into discouragement and do not lose hope. Try, rather, to understand what happened and face it honestly. If you have not already done so, give yourself over with humility and trust to repentance.

The Father of mercies is ready to give you His forgiveness and His peace in the Sacrament of Reconciliation. You will come to understand that nothing is definitively lost, and you will also be able to ask forgiveness from your child who is now living in the Lord. With the friendly and expert help and advice of other people and as a result of your own painful experience, you can be among the most eloquent defenders of everyone’s right to life. Through your commitment to life, whether by accepting the birth of other children or by welcoming and caring for those most in need of someone to be close to them, you will become promoters of a new way of looking at human life.



— *Evangelium Vitae, paragraph 99*

## Faces and Places



Tami Gombas and daughter stop by to pick up baby bottles for Our Lady Of Lourdes CCD, Milltown



David McKenna, President of Good Tidings Plumbing & Heating and Laura Flammia welcome Rosanda to their beautiful office



Nancy Hamilton and granddaughter Emily visit our table at the Metuchen Fair



Bunny & Virginia working hard assembling a bassinet for one of our new arrivals



Demetra & Peter Wagner with new mom and baby at the Diocese of Metuchen's Critical Life Issues Conference



Joyful Pam holding baby while mom is in the counseling room

## Bringing "Life" to the Metuchen Fair



Teen volunteers Anna Marie Leon and Joanna Linn did an amazing job setting up for the Metuchen Fair in October as well as working the table and interacting with visitors. We are so proud of them. Even Anna's brother, Keith, who is only 11, got in on the action and helped bring awareness via the fetal models. He also carried our tables to the car and helped break down the tent!

# *Save the Date!*

**Sunday, February 23, 2014**

*Life Choices Resource Center's Annual Fundraising Banquet*

## *"Precious in His Sight"*



Featured Guest Speaker **Julia Holcomb**  
*Pro-Life Speaker and former girlfriend of Steven Tyler*

When Julia Holcomb was 16 years old she became the legal ward of Steven Tyler, lead singer of the rock band Aerosmith and former American Idol judge. At age 17, when she was over 5 months pregnant with Tyler's first child, she barely survived a fire that burned their apartment. While still in the hospital recovering from smoke inhalation, she was coerced into a horrific saline abortion.



*Honoring Deacon JP & Cheryl Saggese*

Faithful Servant Award Recipients

&

*Dr. Jeffrey T. Beauchamp, MD, OBGYN*

Stewardship Award Recipient



## **SILENT AUCTION DONATIONS**

Please donate a basket or a new/unused item(s) to be included in a basket. Maybe you have received a gift that is still new and not something you can use. This is the time to donate it to us—we will be happy to receive it. *Here are some ideas ...*

***Electronics, Wine, Bath & Beauty, Gift Cards  
Children's Items, Framed Art or Small Appliances***

*Ideas for creating your own basket: Home Decor, Backyard Fun, Sports, Christmas, etc., have fun with your imagination! Please let us know your Basket theme so we don't have duplicates.*

***Deadline is January 31, 2014***  ***Thank you!***



*We  
need  
your  
help*



503 Main Street, Metuchen, NJ 08840  
 LifeChoices@Optonline.net  
 (732) 516-0911  
 www.LifeChoicesRC.com

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*“Lord, when your glory appears  
 my joy will be full”*



*—Psalm 17:15*

**We deeply appreciate your generous donations which enable us to continue educating women and saving babies from abortion. We pray for your continued support and blessings in our mission of *Promoting the Value of Life. Thank You & God Bless You!***

**This is trash.**



**This is not.**



A baby should be treasured as priceless  
 adored beyond measure  
 held in loving arms  
 cared for through every tear

**Babies are not garbage**

**Babies are a Gift from God**

Please help us with a sacrificial gift  
 this Christmas so that we can  
 continue to save babies, serve mothers  
 and bring the Light of Christ  
 to mothers and families in need