

ALL Free Services

- 24 Hour Help Line
- Pregnancy Tests
- Ultrasound
- Mobile Unit
- Peer Counseling
- Material Aid
- Abortion Recovery
- Adoption Referrals
- Housing Referrals
- Medical Referrals
- Breastfeeding Instruction/Consult
- APR Reversal Info



"God's Child...God's Choice" -Tim Haklar

The ARMOUR of God

"Put you on the armour of God, that you may be able to stand against the deceits of the devil." -Ephesians 6:11



Mission Statement: The Mission of Life Choices Resource Center is to promote and defend the sanctity of all human life, born and unborn, through the provision of abortion-alternative services and resources that empower mothers and families to CHOOSE LIFE. We provide loving help, hope and healing, recognizing that each human being is made in the Image and Likeness of God, and we value each LIFE as His GIFT.

A Source of Love in the Midst of Chaos



Every day we wake up to news of more and more violence – against houses of worship, against pregnancy resource centers and against children. It is both horrifying and heart-wrenching. Unfortunately, however, it is not surprising.

Many years ago, St. Mother Teresa of Calcutta said, "Any country that accepts abortion is not teaching its people to love, but to use violence to get what they want. This is why the greatest destroyer of love is abortion."

Unlike the enemies of life and truth, we know the only way to end

this cycle of violence is with profound and overwhelming love. For over 37 years at *Life Choices Resource Center*, our staff and volunteers have worked tirelessly to bring God's love to women and their families during their most vulnerable time. With truth and charity, we empower each woman to understand the beauty of the unique life growing in her womb. We want all women to know that when they co-



operate with God, they are holding the hands of our Creator – bringing forth life and unleashing unimagined potential into the world.

Love creates, love endures and every one of us is both capable and worthy of love.



While we celebrate the end of *Roe vs. Wade*, we know our work is more vital than ever before. Through our loving witness, we must continue to convert hearts and minds – one person at a time – to appreciate and uphold the dignity and humanity of the littlest members of our family.

Please continue to support and pray for us in this great mission and, most importantly, pray for the families we serve! *-Anna Acquaviva*

Tributes to Our Loved Ones 🧉



In Loving Memory of **Dorothy "Dot" Dunn** By: Life Choices RC, Patricia Bustin, Lucille Giordano, Miriam Medley, Irene Melendez, Katlheen Murray, Joyce Noble, George & Cathy Wiliszewski, Carol Evanowski, Jeanette & Tom Gomolcak, Dennis & Eileen Guida, Jane Alfonzo, Emily Hayes, Elizabeth Bradbury, Nancy Fiore, Elaine Reichart, Mike & Cathy White

> In Honor of Bill & Kathy Dowling By: Timothy Haklar

In Loving Memory of Joanne Nuber By: Mary T. McNerney

In Loving Memory of Mark T. Leonard By: Mary T. McNerney

In Loving Memory of my Parents William & Maryann Medvetz By: Barbara Medvetz

> Loving Tribute By: Elizabeth Fehl

In Loving Memory of Michael Anthony Diaz By: KJ Diaz

In Memory of the lives lost in the Texas School Tragedy By: Howie & Eileen Lishinsky

> In Memory of Msgr. Leon Kasprzyk By: Rev. Sean Winters

In Loving Memory of Deceased Family Members By: Michael Ciasca

In Loving Memory of Robert J. Mencor, Jr. By: Josephine Colatrella In Loving Memory of Laverne Prus By: Stanley Prus

In Honor of Jaqueline P. for a Special Birthday Blessing By: Loving Family

In Honor of Josefina & Romulo Barredo By: Elaine & Deacon Bob Yunker

> In Loving Memory of Rose Mary Lyons By: Frank Scapardine

> In Loving Memory of Lucy & John Quilla By: Clyde Borg

In Memory of Terry Ann Gagliano By: Pat Bustin

In Loving Memory of Joseph Riggio Jr. By: Bill & Christine Riggio

In Honor of Charlie Burok celebrating his 80th year of LIFE! By: The Blackburn Family

In Honor of Joe & Noreen Koncur 70th Birthdays! By: Lucy Mazzone, Terry Smith & Diane Fisher

Tributes - Gifts of Hope

What better way to remember a loved one, honor someone special or acknowledge a special event? I am enclosing a gift of hope in the amount of \$

This gift is_______ (In Memory of, In honor of, Birthday gift, to Celebrate...) Send Acknowledgment to: Name:_______ Address:_______ Town, State Zip:______ My Name:______ My Address:______ Phone:______ To send your own tribute, clip form and mail it with your donation to: Life Choices RC, 503 Main Street, Metuchen, NJ 08840

In Honor of Demetra & Peter Wagner Celebrating their 25th Wedding Anniversary



Jo Ann & Deacon Bob Gerling & our Life Choices Family

SAVE the Date! Banquet 2023 February 19, 2023

Office Carpet WANTED!

Our office is in desperate need of a new carpeting. If you know of someone who would like to help us with the cost or Donate it— PLEASE contact us! 732-516-0911

The vacuum only does so much...:)

Notes from the Chair

Dear Friends,

On January 22, 1973, Roe v Wade became the law of the land, meaning abortion became legal in all 50 states of the United States of America. So many people did not question the seriousness and devastating effects of the decision, thinking they were not affected, or that abortion did not pertain to them. We heard how it was a woman's right to choose, and the term "pro-choice" became the pro-abortion side's battlecry. Many people bought into the mentality that since abortion was legal, it was okay. However, the pro-choicers never finished the phrase: the choice is to have her own child killed within her womb. It is estimated that over 63 million babies died by abortion since abortion became legal. But legal does not make it moral. We now have many women (and men) who regret their abortions. Back in 1973, ultrasounds weren't yet performed. Many did not realize the humanity of the child within the womb, and many were lied to and led to believe that abortion was safe, and their only option. Thank God, we now have post-abortion help for those who are suffering from having an abortion, such as Rachel's Vineyard, Silent No More, etc. Here at Life Choices Resource Center, we, too, offer postabortion counseling by our trained consultants.

So much heartache has entailed since the Roe decision. However, on June 24, 2022, the Supreme Court overturned Roe v Wade, after nearly 50 years, thanks be to Almighty God! The decision did not overrule the "right to abortion" as proabortion people claim; rather, it overturned the legalization of abortion in all 50 states, returning the power to the people and their elected representatives. This decision gave a new awareness that the pregnant woman has an infant in her womb. Presently, legislators in many states are working towards eliminating abortion or, at least, restricting it. At this writing, several states are now abortion-free!

Unfortunately, New Jersey is not one of these states. Instead of proposing laws to eliminate or restrict abortion, New Jersey EXPANDED access to abortion. There are only 9 other states that have done this. In anticipation of Roe being overturned, our elected NJ lawmakers enshrined abortion and New Jersey now allows abortion in the late stages of pregnancy! Nonphysicians are even allowed to perform abortions. New Jersey does not have waiting periods, has no allowance for parental involvement, and forces taxpayers to pay for abortion, among other egregious measures.

We have much work to do. Of course, we need to determine a candidate's position on abortion before we vote for them. We need to contact legislators to voice our pro-life views. Now that abortion has been prominent in the news, we need to educate as many people as we can. Many people don't understand the humanity of the infant in the womb. We should encourage our pastors and ministers to speak out to their congregations, so that people hear the pro-life message in Churches. We need to be public witnesses at abortion mills and at prayer rallies. We need to help change hearts and minds, and WE **NEED TO PRAY!**

Sadly, many girls and women are presently turning to RU486, the abortion pill regimen of mifepristone and misoprostol, to abort their child without knowing the facts and risks. Incomplete abortions may occur resulting in a subsequent surgical abortion. Hemorrhaging and infection may also occur. Many women are ordering these pills online; in doing so, there is no doctor to assess women's health risks. The pills should NOT be taken if a woman has reached 10 weeks of pregnancy, and the only accurate way of determining how far along she is in her pregnancy is by having an ultrasound. Without an ultrasound to determine if a woman has an ectoptic pregnancy, her life may be in danger.





Now here is some GOOD news: Life Choices Resource Center has expanded our services as Abortion Pill an Abortion Pill Reversal (APR) Center! This means if a woman calls us and tells us she has taken the first abortion pill (mifepristone) and has changed her mind, we can do a FREE ultrasound, and facilitate getting her progesterone, a medication which can possibly save the baby! By taking progesterone within the first 24-48 hours of taking the first pill (and as long as she hasn't taken the second pill), it may not be too late! Progesterone is 64-68% successful in maintaining the pregnancy, with no ill effects to the baby or mother.

(877) 5 5 8 - 0 3 3 3 Because of you, our donors, we are now able to help save more babies' lives and the lives of mothers by REVERSING the effects of the abortion pill. With your generosity, we are able to reach more and more abortion-vulnerable women, and are able to continue Our Lord's work. We are also so thankful for all the support we receive from our volunteer helpers. We are so blessed that YOU all are part of our *Life Choices* family, and we pray for you daily. Please keep Life Choices in your prayers as well, as we continue our mission in saving the lives of babies and families.



God love you, Jo Ann



Staying SAFE! We received a visit from the Metuchen Police Dept. checking in & letting us know if we need anything-they are on call! WE are blessed by our HEROs! St. Michael protect them!

HELLO BABY!!! We would like to

welcome to the world and our Life Choices Family our newsest arrivals!!! What an awesome job









Our very own Spiritual Advisor, Fr. David has been appointed the Pastor at his beloved parish, Our Lady of Mount Virgin. We were blessed to be a part of this spiritual celebration! God has chosen a very



GOOD and FAITHFUL servant!



Holy Spirit to lead his sheep! We LOVE you, Fr. David!



Milltown July 4th Parade Another parade in the books...THE **BIGGEST TURN OUT in a verv** long time!!! Our team of volun-



teers and PRO LIFE warriors took to the streets in downtown Milltown for their annual July 4th

Parade! WOW! We were met with lots of cheers! We thank our parade marchers for their support and perseverance. If you would like to join us on our parade routes throughout the year, LET US KNOW! We are always looking for more SOLDIERS for Christ to march for our LORD! Please join us!!!









Blessinas

THANK YOU for your beautiful hearts!

Showers of LOVE! St. Thomas the Apostle Church, Old Bridge sponsored an Amazon BabyRegistry for one of our expectant moms who gave birth to these two angels! We THANK YOU!



Love, The Twins ♥

Jesus, I trust in YOU!

A smile, a donation of pens and a gift for the office! We love your faith and trust in our Lord AND our ministry!

God Bless YOU and your daughter!

Reflections on Reforming



the Pro-Life Movement -from our Student Ambassador, Tim Haklar

In the wake of the Dobbs leak, and the subsequent decision, many protesters turned to the streets feeling that women were now "threatened" since Roe was overturned. These protests make me think that we have a lot of work to do in helping educate the public in a post-Roe world.

In relation to politics, one of the central tenets of the pro-life movement is that it is non-political. We stress how the issue of the right to life crosses all political spectra. And sure, while politics do have an important role to play (after all, we need to elect prolife legislators, judges, and leaders), the political debate should be confined to crafting legislation and public policy that will help women CHOOSE LIFE. Too often we associate the pro-life issue as being onesided, mainly that it is a conservative issue. However, pro-life people exist in all areas of political persuasion: liberals, independents, and conservatives. Many are powerful warriors, and regardless of where they consider themselves politically, give witness to the apolitical nature of the pro-life movement by their pro-life votes.

We need to change how we are perceived. By depoliticizing abortion, we change it from a party issue to one encompassing both science and morality. Imagine how many more people we can bring to the pro-life side! Take a look at the abolition movement: it was successful because members on all sides saw slavery as a moral wrong. Now it is time to do the same thing with the abortion issue. Pro fetibus auxilium nostrum requirentibus! (For the infants in the womb requiring our help!)

Prayer Service for LIFE



The "Godsquad" Team organized a prayer service at

the "Wellness Center" on Main Street, Woodbridge on July 9th to bring together many dedicated warriors working together to spread **God's Love** through prayer. Attendance was absolutely wonderful and gave great hope to those praying side by side. If you are interested in being notified

for the next prayer service please email the "Godsquad" at Godsquadprolife@gmail.com We ask anyone who is being called to become a side-



walk consultant or just a prayer warrior to please reach out to us in the office. We are in great need of both!



Thanks **Godsquad** teammates for *your dedication to His littles*!

In July we held our first IN PERSON meeting with our beloved consultants. WE MISSED YOU!!! :)



WELCOME Aboard! We are happy to have on our team our

new bi-lingual volunteer consultant Fanny alongside Jamie, US Dir and



Nurse Judy after an amazing day with clients!

Our Beloved Dot " · "

On July 13, 2022 our world lost a true warrior with the passing of Dot Dunn. Dot was employed as an accountant, avid sportswoman, a dedicated volunteer with MANY organizations but for us here, she was the **Force** behind *Helping Hands*, the material needs arm of *Life Choices* in Perth Amboy. Her



energy and drive inspired the many faithful volunteers who served clients every Wednesday morning in rain, snow or warm sunshine. **You will be missed!**



Life Choices Student Ambassadors

Our first official Student Ambassador Meet & Greet was held in July and we are **BLOWN** away with their hearts that are on **FIRE** for **our Lord** and **our Mission**! Our group of teens and pre-teens are ready to help us in promoting the **VALUE of LIFE** and leading the **YOUTH** into this next

movement that "ALL life created in HIS image" is precious and a miracle! Please keep them in your prayers as they go out and spread HIS message! If you have any MS or HS students that may be interested in joining our alliance please contact Sue Williamson at sgalgano1113@gmail.com! *Youth on FIRE!*



Car Seat Brigade!

When we put out a call for much needed car seats, *the Lord answered*! As our motto always goes **GOD PROVIDES!**



We thank YOU ALL who donated

and wanted to let you know you have shown the face of Christ! WooHoo Team LIFE!



One of our littles will be very happy cooking dinner! Thank YOU **McCoy Family**, *St. Francis Parishioners*.









DONATIONS GALORE! LCRC is so beyond blessed for the many donations we receive daily! WE couldn't do the work we do without you! YOU are a part of this beautiful family that God has allowed us to bring together serving HIS babies & families. THANK YOU!

"for God loveth a cheerful giver." - 2 Corinthians 9:7











LIFE CHOICES RESOURCE CENTER October 22, 2022

Merrill Park @ the Gazebo 9:00 a.m. to 12:00 p.m. • Kick-Off @ 9 a.m. SHARP **Re-claiming Life for Every Generation**

LifeChoicesRC.com

Annual WALK for LIFE Take a WALK...Help Save Lives! Mark Your Calendars - October 22, 2022

Please join us at Merrill Park, Iselin! Address: Fairview Ave, Colonia



Every \$200 Raised Provides ONE FREE Ultrasound!





Refreshments, Music & FUN

Rain or Shine! No walking distance required!

Can you help us reach OUR Goal of \$25,000

Visit LifeChoicesRC.com/Events to register online or call 732-516-0911

Yes! I'd like to Support the Walk for Life!

Name				
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Το) Donate O	nline Go To:	: www.LifeCh	oicesRC.com
Mail Checks	to: Life Cho	oices Resource	Center, 503 Mai	n Street, Metuchen, NJ 08840

Mail Checks to: Life Choices Resource Center, 503 Main Street, Metuchen, NJ 08840 If you would like to become a Monthly Donor, please call 732-516-0911



Metuchen, NJ 08840 LifeChoices@Optonline.net (732) 516-0911 www.LifeChoicesRC.com

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"Thou thyself, Oh Lord lone...givest life to all these things."

-Nehemiah 9:6







Oct. 22, 2022

9am-12pm Iselin, Merrill Park (see insert)

Meet our Nurse Medical Advisor...

In late 2019, **Judy Baldwin, RN** read a *Life Choices* ad in *The Catholic Spirit* newspaper. *Life Choices Resource Center* was looking for a volunteer nurse. After praying on it, she thought it just might be the perfect fit for her. Having spent more than 40 years working as a nurse in the emergency room and then in occupational health, Judy was looking forward to her retirement and the opportunity it created to continue her life's mission of caring for others.



"I've always prayed for the little babies," Judy recalls. "They're like the Holy Innocents. When I saw the ad, I thought maybe this was a way I could help them too."

Upon answering the ad, Judy met with the staff and immediately felt welcome and part of the team.

"When I met everyone at *Life Choices*, they were all so kind," she noted. "The people are just wonderful and enthusiastic. The place radiates with positive energy and joy."

Judy's work at *Life Choices Resource Center* is invaluable. From administering pregnancy tests and chaperoning ultrasound appointments, to providing clients with nutritional information and answering their questions, Judy quietly and compassionately helps women throughout their pregnancies and beyond.

"Everyone I've met, are such interesting and inspiring people," Judy reflects on her time spent getting to know the clients. "With each interaction, you get something from it. And, you hope you give them something in return too."

When Judy's not caring for women and their babies at *Life Choices*, she's at home caring for her pets and spending time with her family. An active member of St. Barts parish and the Columbiettes, Judy is always looking for more ways she can volunteer her time and her talents. While she prefers to stay in the background, Judy's always ready to lend a hand in any way she can. "If I can help someone in some way, that's a good thing. It's good for me too."

Judy Baldwin, RN